Joshua Eli Bock M.S.

Clinical Experience

MARCH 2021 - PRESENT MALOUF COUNSELING AND CONSULTING

Baltimore - MD

Psychology Associate

Supervisor: Dr. Mattew Malouf PhD.

Provide therapy 10-15 hours of weekly psychotherapy services for a multiculturally diverse group of clients with a primary focus on: trans issues, gender issues, anxiety, depression, developmental disorders, LGBTQ+ issues, trauma, diversity issues and issues related to those whom are neurodivergent.

AUG 2020 — PRESENT Owings Mills - MD

STEVENSON UNIVERSITY WELLNESS CENTER

Psychology Extern | Third Year Externship

Supervisor: Dr. Sally Bonefas PsyD.

Provided 10+ hours of weekly individualized therapy and intake sessions based in ACT, CBT, insight-oriented and Rogerian client centered techniques to a multiculturally diverse group of college students at Stevenson University. Additionally, co-organized and ran outreach events for the students as well as assisted student lead organizations in the disbursement of information and resources related to mental health. Primary diagnoses worked with include: Anxiety related disorders, Major Depressive Disorder, Persistent Depressive disorder, and Trauma related Disorders.

AUG 2018 — AUG 2020 Baltimore - MD

LOYOLA CLINICAL CENTER

ASSESSMENT & THERAPY CLINICIAN | Second Year Externship Supervisors: Dr. Harriette Wimms Ph.D., Dr. Joseph Bechhofer PsyD.

Administered, scored and created written reports for psychoeducational assessments for four cases throughout the year. Assessments administered included WISC-V, WIAT-III, DKEFS, WRAML, CPT, CONNERS-3, BASC (P/T), FAR, FAM, GORT. Provided 2-4 hours weekly of individualized therapy based in CBT, insight-oriented and Rogerian client centered techniques.

INTAKE CLINICIAN | First Year Externship

Supervisors: Dr. Sarah Gorman PsyD., Dr. Daniel Koster PsyD.

Conducted psychoeducational assessment intakes for both adults and children. When working with children, intake conducted were split between child and parent/guardian. In both instances information gathered surrounded relevant history regarding the family, physical health and mental health. Suicidality, homicidality, self-injurious behaviors and history of abuse or neglect were also assessed for during the intake process. These intakes were paired with formal write-ups that became part of the client's official chart.

Woodland Hills - CA

Senior Aide

Promotion that expanded training and allowed for greater control over a client's case. Training included creation of MDS (Monthly Data Sheet) which is a compilation of clients' month to month adaptive skills programs data which is sent to state funded regional centers to ensure proper progression. Training also includes monthly Program Updates, these are coupled with the MDS and outline the clients progress in the past month as well as what they will be working on in the coming month.

Clinical Aide

Worked in home and school settings with children, adolescents and young adults primarily with Autism Spectrum Disorder. Received training in Applied Behavioral Analysis therapy and Adaptive Skills therapy as well as data collection training for both. Responsibilities include: establishing and maintaining great client rapport, running a variety of programs that target areas of weakness specific to each client, documenting progress and communicating with supervisors to ensure programs are tailored to specific clients' needs, as well as managing session scheduling with clients.

2015 - PRESENT Westlake Village - CA

THE OAKS PSYCHOLOGICAL GROUP SUMMER CAMP

Chief Activities Coordinator

Worked alongside Dr. Stephen Ball PsyD. and John Dunker MS ED in an annual. summer camp for children with developmental disorders such as Autism and ADHD. Responsibilities include: Managing a team of counselors as well as 25 neuro-diverse campers in daily activities, assisting program directors in the creation and execution of fun and therapeutic activities for the campers, overseeing the disbursement of parental release forms as well as collection of payments for camp's services rendered.

EDUCATION

Loyola University of Maryland: Psy.D in Clinical Psychology

August 2018 - Present

University of California, Berkeley: B.A. Degree in Psychology, (GPA: 3.6)

Dec 2017

Moorpark College, Moorpark, CA: UC IGETC Transfer Certification, (GPA: 3.68)

May 2015

RESEARCH POSITIONS

Research Assistant Hinshaw Lab, UC Berkeley

October 2017- February 2018

PI: Stephen Hinshaw, PhD. Supervisor: Shaikh Ahmad

I assisted lab staff in conducting experiments regarding social and societal stigma regarding ADHD. Responsibilities include: participating in monthly lab meetings and discussions, and submitting weekly coding assignments.

• Bgals ADHD Study

I assisted in transcribing personal interviews between participants in the study and the researchers conducting the study. Responsibilities included: Weekly coding assignments, monthly meetings and routine discussions regarding improvements and techniques for improved accuracy and speed in transcribing.

Research Assistant

The Social and Nonverbal Behavior Lab, UC Berkeley PI: Dana Carney, PhD.

March 2016- December 2017

Supervisor: Em Reit

I assisted lab staff in conducting experiments regarding social cognition and facial symmetry. Responsibilities include: participating in weekly lab meetings and discussions, submitting literature reviews, and completing and submitting weekly coding assignments. As well as running participants through research experiments for the laboratory, including directing participants and collecting subsequent data

• Truth Boost: Implicit Preference for Honest Romantic Partners Study I assisted in studying the effects of facial symmetry on perceived attractiveness. Responsibilities included: coordinating and attending weekly lab meetings, coding, entry and transcription of data, creation of coding criterion, systematic literature review

Gesture Coding Study

I assisted in studying the use of controlled body language by professors and technology startup presenters and its correlation to perceived effectiveness. Responsibilities included: attending weekly lab meetings, coding and submitting weekly lab reports, collaborative development of coding criterion

• Ugandan Seed Project

I assisted in developing and running a study investigating the possibility of classically conditioning away taste aversion. Responsibilities included: experimental protocol design and composition, participating in weekly lab meetings and discussions, crafting and presenting research project proposals; and coding of data

• Taste Judgements Study

I assisted in studying the effects of classical condition on taste aversion to be applied to impoverished populations who use chlorine tablets to purify their water. Responsibilities included: setting up and conducting participants through weekly experiments containing multiple experimental conditions, attending weekly lab meetings, compiling and presenting progress reports and compiling data

Research Assistant
Haas School of Business, UC Berkeley
PI: Jennifer Chatman PhD.
Supervisors: Alyssa Lichtenberger, Eliot Sherman

March 2016 – August 2017

I assisted the lab staff in collecting data to determine how people from individualistic and collectivistic cultures differ in a team setting. Responsibilities include: data collection and coalition of contact information for people who've attempted to climb the Himalayan mountains between 2008-2010. I was also involved in troubleshooting issues regarding locating internet profiles for climbers in order to contact them with surveys that help further our labs directive.

Research Assistant ADHD Lab, UCLA PI: Steve Lee, PhD. May 2016 – August 2016

Supervisor: Kristen Jezior

I assisted the lab in parsing collected data to further increase understanding about ADHD and the way it manifests in children as they age. Responsibilities included: data analysis and codification of several forms across multiple formats, so that they may be analyzed in a single cohesive document.

SKILLS

Theoretical InterestsTechnologies:GeneralCBT, ACT, IPTBlueJeans, Zoom, MedicatEmpathicFamily SystemsQGlobalOrganizedClient CenteredCentricityFlexible

POPULATIONS OF INTEREST

- Adolescents and young adults with developmental disorders particularly pertaining to social interaction differences such as ADHD, and ASD.
- Adolescents and young adults with depression and anxiety.